

MAI TAN  
41330

CASE STUDY: CIARAN SPRING HAY FEVER

APRIL 1<sup>ST</sup>, 2016

**Symptoms:** Ciaran has been suffering from hay fever for many years in the spring. He has itchy and watery eyes, sneezing and a stuffy nose. This has impacted his hobby as a golfer.

**Diagnosis:**

1. Sick meridians:  
LI, ST
2. Balance:  
Global balance pattern: Tai Yin Yang Ming using Ba Gua seasonal balance
3. Points:  
Western calendar SPRING Feb 4<sup>th</sup> Gua #45

Right hand: LI4, 5, 11	Left hand: LU11, 10, 9
Right leg: SP3, 4, 5	Left leg: ST45, 44, 36

Add Yin Tang, Shen Men, Anmian

After the first treatment on 1<sup>st</sup> April, Ciaran was able to breathe easier and his eyes were less itchy.

I continued to use the same pattern twice a week for the next 3 weeks.

**Conclusion:** After 7 sessions, Ciaran played more golf, breathed easier and his eyes were less itchy and watery.