



SI YUAN SUNDAYS: YOUR CASE STUDY !

Guidelines for submitting a case study
for selection to Si Yuan Sundays.



Si Yuan

BALANCE METHOD
Empowering Acupuncturists

READ CAREFULLY

Hi there!



- Please submit case studies only from your clinic.
 - The patient must have been treated using only Balance Method with no other concurrent TCM treatments.
 - To be considered for approval, the case study must follow the guidelines stated below.
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PART 2

Case study Guidelines

1. Title and condition

2. First treatment

Step 1: Sick Meridians

Step 2: Balance

Step 3: Points

Acupuncture treatment

3. Patient's response to the first treatment

PLEASE READ
CAREFULLY THE
FOLLOWING
GUIDELINES
AND USE IT AS A
REFERENCE TO
WRITE YOUR
CASE STUDY.

SI YUAN SUNDAY

GETTING STARTED

CONDITION

Age and gender of patient.

Main cause of consultation.

What triggered the condition?

Location of the condition (right, left), if applicable.

For how long?

What makes it worse? What makes it better?

Any other additional important information or symptoms.

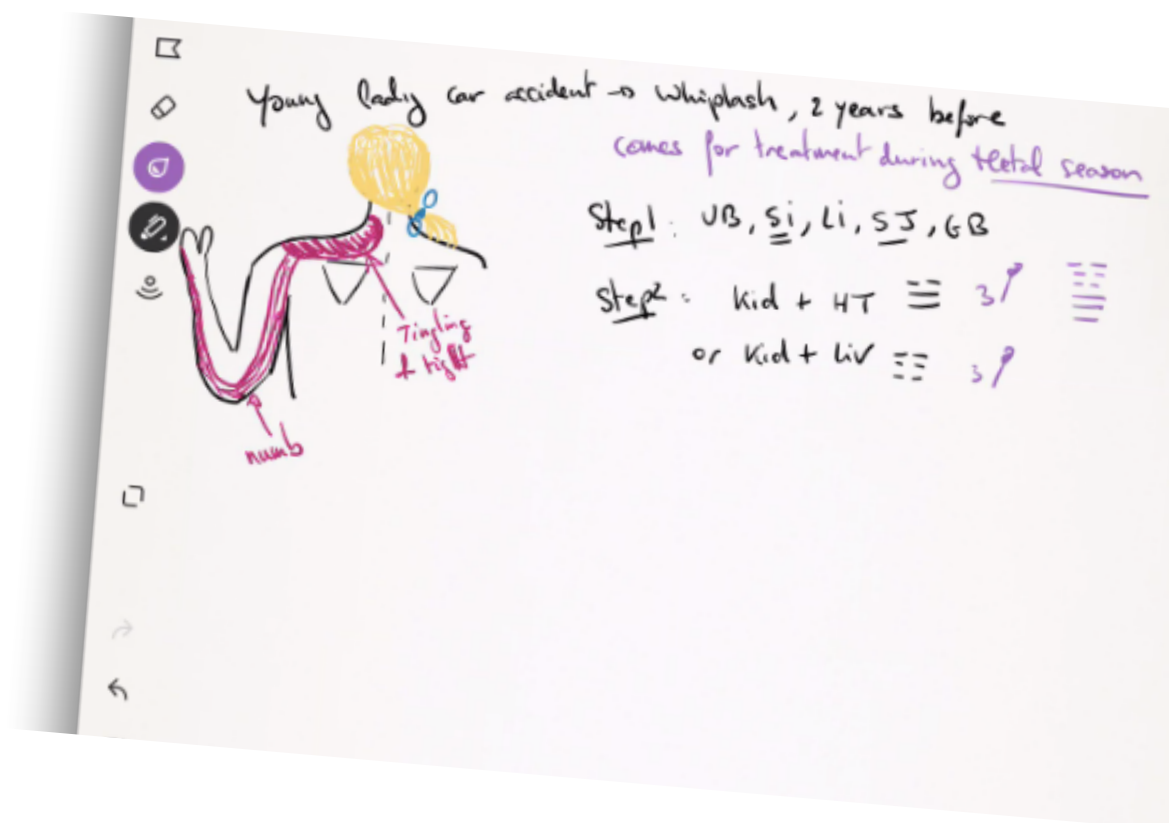
If it is a painful condition, pain level: #/10

Step 1: Sick Meridians

Name the sick meridians.

State for each meridian if the diagnosis was made by:

- Pathway meridian (name the corresponding affected body region)
- Meridian function (name the function and the symptoms related to it)
- 5 Elements properties (name the elements and the symptoms related to it)
- Shen properties




Step 2: Balance

Local and/or Global Balance?

- **Local:** Chosen treating meridians (name the system for each affected meridians)
 - "Meridian "A" balanced by meridian "B" by System number: (opposite/both sides)
 - "Meridian "B" balanced by meridian "C" by System nr: (opposite/both sides)

Balance	Syst 1	Syst 2	Syst 3	Syst 4	Syst 5	Syst 6
Sick Meridians						
MD	MD	MD	MD	MD	MD	MD
MD	MD	MD	MD	MD	MD	MD

Table 1 : Highlight (bold the text or circle ) which meridian you decide to use in the table

- **Global:**
 - Name one of the 12 patterns (JueYin/YangMing, Dr. Tan's 4 Magical Meridians, etc.) and explain why you picked this pattern.
 - Dr. Tan's Magical Strategy of 12 Points, please explain why you picked this pattern.

Step 3: Points

State your point selection method:

- **Projection, write for each point:**

- The name of the projection used (Image/Mirror. Ex: Direct Puppet Image; Reverse Mirror;.....)
- State the sick area treated (If the point is projecting more than one sick area, mention all the sick areas projected and use Table 2 below)

POINT	TREATED AREA	PRECISE PROJECTION NAME
[Point name]	[Area of body]	[Image/Mirror]
[Point name]	[Area of body]	[Image/Mirror]

Table 2

- **Dr Tan's Magical Strategy of 12 Points:**

- Please explain why you chose these different groups.

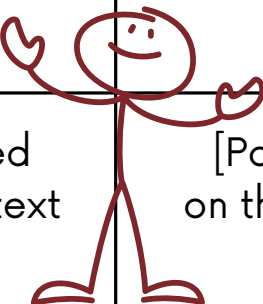
- **Gua :**

- State the Meridian Conversion you used (I-IV; II-V; III-VI)
- Dr Tan's 5 Elements: explain how you are using the element and write the destination Gua(s) and its number (use the 64 Gua chart annexed to the document and explain which number of destination Gua you used for each meridian.)
- Seasonal: name the season and write the destination Gua(s) and its number. (Use the 64 Gua chart annexed to the document and explain which number of destination Gua you used for each meridian.)

Acupuncture treatment

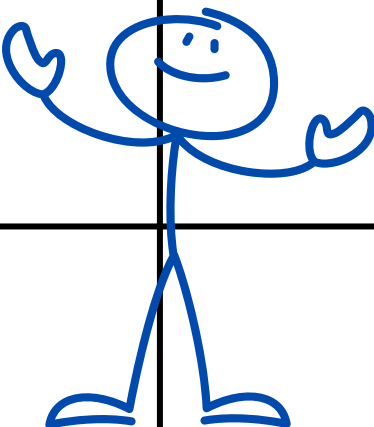
Treatment conclusion if a Local Balance was chosen

	Right	Left
Arm	[Points. If no point used on this side, replace text with -]	[Points. If no point used on this side, replace text with -]
Leg	[Points. If no point used on this side, replace text with -]	[Points. If no point used on this side, replace text with -]



Treatment conclusion if a Global Balance was chosen

Right	Left
Yang 2 [points] [add/remove] [as needed]	Yin 1 [points] [add/remove] [as needed]
[points] [add/remove] [as needed] Yin 3	[points] [add/remove] [as needed] Yang 4



Conclusion



1. Patient's response to the first treatment.

2. Follow-up treatments (optional) :

















































































please include:

- total number of treatments
- frequency of treatments
- adjustments made to the original treatment
- differences in outcomes between initial and follow-up treatments

If there was a change in treatment or if the treatment has evolved, please repeat steps 1, 2 and 3 to explain any changes in treatment strategy.



64 Gua Chart

		1  Heaven	2  Lake	3  Fire	4  Thunder	5  Wind	6  Water	7  Mountain	8  Earth
Qian Gong		11* 	12 	13* 	14* 	15 	16* 	17* 	18* 
Dui Gong		21* 	22* 	23* 	24 	25* 	26* 	27 	28* 
Li Gong		31* 	32* 	33 	34* 	35* 	36* 	37* 	38 
Zhen Gong		41* 	42* 	43* 	44* 	45* 	46 	47* 	48* 
Xun Gong		51 	52 	53* 	54* 	55 	56* 	57 	58* 
Kan Gong		61 	62 	63 	64* 	65* 	66 	67 	68 
Gen Gong		71 	72* 	73* 	74 	75* 	76 	77 	78* 
Kun Gong		81 	82* 	83* 	84* 	85 	86* 	87 	88* 

**AFTER YOU HAVE WRITTEN
YOUR CASE STUDY
ACCORDING TO THESE
GUIDELINES, PLEASE FILL OUT
THE ONLINE SUBMISSION
FORM AND UPLOAD YOUR
CASE IN PDF FORMAT. PLEASE
NOTE THAT ANY PICTURES
SHOULD BE INCLUDED IN THE
CASE STUDY PDF OR GROUPED
TOGETHER IN A SEPARATE PDF.
EACH PICTURE SHOULD HAVE
AN EXPLANATORY CAPTION.**